

July, 2009

GATEWAY HOUSE

COMING AND GOING

We are excited to welcome **Bob Brockman** as a Gateway House trustee. Bob is a management consultant at Clayton L. Scroggins & Associates, Inc. A founder, board president and treasurer for AVOC (now known as Stop AIDS), Bob



has also served on the Great Cincinnati Alcohol & Drug Addiction Council as board member and treasurer and on the Stonewall Cincinnati board. Bob has also been active in many other charitable organizations, helping with development, promotion and fund raising efforts. We know that Bob's many talents will be a great addition to the Gateway House.

Mike Boehmer responded to a Gateway House request for public relations assistance. After one meeting, Mike was sold on the Gateway program. Mike became the president of the board, recruited more than half of our board members and committed countless



hours to steer Gateway in it's new role as a non-profit. As a result of his commitment to the promotion of his wife's new book Mike has relinquished his role on our board. We are grateful for all that Mike has done for the Gateway House and will miss his involvement. Mike has also committed to help us in using new technology to manage and promote the Gateway House.

THE WEB SITE IS READY

The Gateway House website is no longer "under construction". We have made many improvements which we hope will improve our ability to communicate with you. In addition to a new look, we have added board members' bios, an online application and a donation option through pay-pal, which will save time and paperwork when you make your gifts. We have also installed a "News" option to add updates that we believe may be of interest. Let us know what you think.

ALUMNI GROUP FORMED

Former Gateway House residents have formed an alumni group in order to continue the friendships and fellowship which was helpful to them in early recovery. Initial plans include monthly meeting which will give the alumni the opportunity to share their experiences in recovery, join in social activities which support that recovery and discover new ways to enjoy sobriety. If you are an alumni interested in joining please call 513-421-9333. We will be sure that you are connected to other alumni.

"We wish you much success, knowing that so many in need will benefit from your work."

Marge & Charles J. Schott Foundation

SPAGHETTI DINNER

The Madeira—Silverwood Presbyterian Church was the site of a spaghetti dinner fund raiser held on Saturday, June 6, 2009.

Approximately 50 persons enjoyed an informal dinner, a "lead" discussion focusing on



parenthood and alcohol/drug recovery and a raffle. The raffle prize was four premium tickets to the Father's Day Reds baseball game, in keeping with the theme of parenthood.

The success of this event makes it very probable that it will return next year.



MARGE AND CHARLES J SCHOTT FDN

The Marge and Charles J. Schott Foundation has joined many other generous foundations and individuals who have made donations to our capital improvement program. Because of these gifts,

we have been able to make major improvements to the facility. These improvements enable us to provide living conditions which encourage residents to extend their stay in

this phase of recovery, resulting in more successful sobriety. We wish to extend our gratitude for this generous gift.

KEYSTONE BANK FOUNDATION

The March, 2009 edition of our newsletter included an article discussing "Changing With The Times".

The Keystone Bank Foundation showed an understanding of the need for more professional, hands on

support for our residents in this changing economy. While all financial institutions are struggling at this time, the Keystone Bank Foundation has made a commitment to serving this community and those in

need. This commitment and Keystone's understanding of our need was demonstrated by the support provided to the Gateway House with a grant for \$10,000. This grant is intended as seed money for our professional staffing plan.

BOARD OF DIRECTORS

ROBERT BROCKMAN

FREEMAN
DURHAM

PATRICK GARRY

JAMES HALL

BRIAN LEFEVRE

CAROL SERRONE

BOB WENERT

OUR MISSION

The mission of the Gateway House is to provide safe, secure, sober, affordable housing for men in recovery

SYMPTOMS OF ALCOHOLISM

Neglect of other Activities: Important social, occupational, or recreational activities are given up or reduced because of alcohol use;

Excessive Use: Alcohol is consumed in larger amounts over a longer period than intended;

Impaired control: Ongoing, unsuccessful efforts to cut down or control alcohol consumption;

Persistence of Use: Alcohol consumption is continued despite knowledge of having a persistent or recurrent physical or psychological problem that is likely caused or exacerbated by alcohol;

Large Amounts of Time Spent in Alcohol Related Activities: A great deal of time is spent in activities necessary to obtain, use or recover from the effects of alcohol;

Withdrawal: Withdrawal symptoms, such as nausea, sweating, shakiness, and anxiety when alcohol use is stopped after a period of heavy drinking;

WE WISH TO THANK ALL WHO HAVE BEEN SO GENEROUS TO THE GATEWAY HOUSE Especially

The Greater Cincinnati Foundation

The Spaulding Foundation

Mr. Carl Lindner

The Robert H. Reakirt Foundation, PNC Bank, Trustee

The Ohio Valley Foundation, Fifth Third Bank, Agent

The Ruth J. and Robert A. Conway Fdn

John Hauck Foundation

Marge & Charles J Schott Foundation

Lila GallimoreTrust

The Tencinoh Fund of the

Greater Cincinnati Foundation

The Pepper Family Fund of the

Greater Cincinnati Foundation

And donations from:

Bev & Tom Barden

Kristine & Steve Bookman

Robert Brockman

Julie & Jason Brown

Karen & Terrance Conklin

Christine Cox

Debra & James Dattilo

Freeman Durham & Dean Clevenger

Janet & Bernard Fassler

Russell Frese

Patrick Garry

Timothy Garry in memory of

Susan Garry

Paul Gronck

Stephen Helbling

Mary Ann and John Keating

David Kikly

Scott Knox

Kathy & Leslie Lefevre

Kelly Mathias

Sharon & Richard Mattes

Joe Mendelsohn

Carol & Robert Nieberding

Majorie Paolino

Francie & John Pepper

Doreen Quinn

Michael Ruh

James Schumacher

Carol Serrone

Tariq Siddaqui & Beth Clark

Judy & William Williams, Jr.

Maris & Ernest Wolke

Billie & Timothy Yeomans

AND

The residents of the Gateway House

GATEWAY HOUSE

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ADDRESS SERVICE REQUESTED

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FOLLOW UP ON INCARCERATION VS TREATMENT

Due to the response that we received from the lead article in our March 2009 newsletter, we have taken an even closer look at the relationship between the criminal justice system and chemical addiction treatment.

On May 14, 2009 we did a snapshot analysis of inmates at the Hamilton County Justice Center. According to the sheriff department's website, there were 1548 persons being held in the jail on that day. We looked at the charges for each of these persons and found that 391 persons (25%) were being held for charges that were **directly drug or alcohol related**. 133 of these arrests were for misdemeanor, non violent charges. In addition, many of the remaining arrests, such as domestic violence and robbery were byproducts of addiction.

With proper administrative management, could 133 of the alcohol/drug related incarcerations been placed in alternative treatment, avoiding early release of more dangerous inmates?

The forward thinking leadership of our elected officials, working with existing social programs could divert non violent alcohol/drug abusers from the criminal justice system directly into programs which already exist. This would save money, ease our crowded jails and provide a real opportunity to help reduce the problem of addiction in our community. By requiring successful completion of program requirements, referring these people to detoxification when needed, followed by established treatment programs and finally, to sober transitional housing, can avoid incarceration and break the seemingly unending, deadly cycle of addiction.

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WWW.GATEWAYHOUSERECOVERY.ORG